

Meeting: Sherborne Apples Forum (S.A.F.)

Date: Tuesday 23rd August 2016

Location: The Apples Medical Centre

Attendees – Philippa Cannings, Practice Manger (PM)

Alan Harrison, Chair

Madeline Dumville, Patient

Bridget Thomas, Patient

Irene Miller, Vice-Chair

Dy Hart, Patient

Trevor Rogers, Vice-Chair

Roger Marsh, PPG Chair Newlands

Apologies – Susan Greene, Keith Harrison

1. Welcome and Introductions –

6.30pm Julie-Ann Booker from Live Well Dorset – A service that has been running for one year as a pilot, now giving the go ahead to expand to Devon, Public health has extended this service for 6 years

This is a service where GPs or patients can refer themselves (free), a support service for Stop Smoking, Weight loss, Alcohol Reduction and Exercise.

AH – discussed how the Exercise referral from the GP no longer exists and asked how this service can motivate the patients, Julie-Ann suggested that they are going to discuss with the local gyms a reduction in the price – poses funding for the gyms?

PM – suggested this service joins our Flu day on 7th Oct – PJC to email Julie-Ann details

Stop October to liaise with Ruth King (HCA also the practice Stop Smoke service) – PJC to email Julie-Ann Ruth's details

Add a link to our website for our patients to use – all of the above will be added into the autumn practice Newsletter

2. Notes of the last meeting read and agreed

AH gave a brief update of the Dementia Alliance group, AH also suggested who is the next Chair that they should also attend this group.

This group is to raise awareness of Dementia – Funding has been given by the Town Council, eventually this group may act under the Town Council.

IM asked if any feedback has been received with what this group has actioned so far and how has the group been advertised – Not yet, only the report of the AGM.

RM suggested (RM is also in the group) that they need a representative who has Dementia and a carer.

PJC mentioned that the Practice is trying to become a Dementia Friendly practice, we have an awareness session on 5th Oct – Newlands had the same training, their Dementia lead took a training session to the staff which included the PPG Chair who found it very informative – PJC not sure if 5th Oct would be the right time to invite SAF chair as we are having a direct session from Joanne B

PJC is trying to put together a list/leaflet informing the patients with Dementia and Carers what groups are available to attend in Sherborne

Shielding's, BT has attended 2 meetings, everything is moving and trying to be under one roof, easy access and cost savings, Social Services are now at Yeatman, Yeatman might become a Hub.

3. AGM – AH stepped down from being Chair, PJC thank AH for all his hard work and getting the group 'off the ground'

PJC nominated BT to be chair and IM seconded it.
TR and IM to carry on the share of Vice-Chair

TOR's all the committee members agreed for PJC to email around the TOR's to be reviewed and to report back

BT has requested that she has all the committees members email addresses – all agreed – PJC will action this

PJC will email BT the list of dates for the PPG chairs, on a separate email a list of items to be added to the Newsletter

4. Practice/CCG Update –

- Health and Wellbeing event – Poss. a Saturday June 2017 – TBC, this year was well attended
- Medicine Waste – During October all surgeries and pharmacies in Sherborne, TR is the lead. TR has been to the Care Homes and wants to contact Candle Light and other care services. NHS CCG is also involved. This is on-going, all agreed that this is a good idea and that the SAF would like to be involved, once TR has had a meeting with KH (30/08/2016) he will email BT on what he would like us to do.
- PPG Meeting and Great date 3/09/2016 10am to 1pm at The Exchange in Sturminster Newton

5. Patient Suggestions: Brief discussion about the current patient Questionnaire, nothing to change however DH suggested that we should carry out a poss. patient event i.e. Women's health session etc. – TR agreed that this could be combined with Newlands.

Harvest stall – committee members suggested not a stall by perhaps a donation box twice a week, for fresh produce, advertise in the Newsletter?

6. Cake stall – raised £160, this has not been used for new seating but for a new Spirometry machine (old machine broke and too old to be upgraded), to be added to the Newsletter – All committees members agreed
7. Flu Clinic – All members are happy to assist with the refreshments – agreed that we will not ask patients to become part of the SAF however to leave leaflets on the tables – BT, MD, IM, DH – PJC to email details

AOB – BT agreed to go to the Dementia Alliance meetings – TR to email dates

Update from Newlands PPG:

June 2016 Newlands had their CQC inspection, all PPG members spoke to the Inspector – Good rating

Patient Questionnaire to be carried out in August 2016

Dr Grist leaving, going to YDH, new GP Dr Parkins 8 sessions per week

New Nurse Practitioner 4 days a week

BT to attend Newlands PPG meetings – TR to email BT list of meeting dates

Next meeting on Tuesday 15th November 2016 6.00pm at the Surgery