

Spring Newsletter 2019

The Apples Medical Centre

Patient Participation Group

Our Patient Participation Group meets regularly to discuss matters relating to the surgery and locality. If you have a non-medical issue that you would like to talk to one of our PPG members about, please ask at reception and we will put you in touch with our PPG chair or one of the members.

Our next meeting is on **Tuesday 14th May 2019 6pm at the surgery**, this is an informative meeting to update members on the pending topics – **ALL WELCOME**

North Dorset Walking for Health Scheme, Sherborne, is going from strength to strength! Fridays at 1.45pm outside Waitrose, different routes and pace – please contact the surgery for more info!

Community Information:



Carers' Support Group

Every 1st Thursday of the month, from 14.00pm – 15.30pm

The meetings for 2019 will be:

2th May 6th June 4th July 1st August 5th September,
3th October 7th November 5th December and 21th Jan 2020

At Sherborne Connect; The Shielings, The Avenue,

Sherborne, DT9 3AJ

Drop in for a coffee and a chat!

We may be able to support your cared person, while you attend the meeting, please contact us to discuss: 01935 816123 or email Shaftesburyplus@tricuro.co.uk

Surgery news:

NHS Health Checks are now available for eligible patients. We will be inviting eligible patients to contact the surgery to make an appointment to have an annual NHS Health Check. Our main NHS Health Check clinic will be on Wednesday mornings with Donna, if you are unable to make this day please inform the receptionist and we will find a suitable alternative day for you.

New Member of the Team: We are very pleased to welcome Michaela Chaffey, to the Reception/Administration team. Michaela started on Monday 15th April, I sure she will be a big asset to the practice.

Dispensary update:

Reminder that you can order your prescription online at www.sherborneapples.co.uk or Email: prescriptions@dorset.nhs.uk

From 1st April the NHS Prescription Charge is £9.00 for each item dispensed
Also, Pregabalin and Gabapentin will be reclassified as Schedule 3 Controlled Drugs (CDs).
CD prescriptions are only valid for 28 days and require additional signatures on the back of the prescription. Please speak to a member of staff for more information



Some of the team at the surgery are raising money for The Brain Tumour Charity, the target is 8 stone weight loss!

For more information please go to our @JustGiving page:

<https://www.justgiving.com/fundraising/sherborne-apples-weight-loss> or speak to a member of the team!

Friends and Family Test



We received the following responses in the last 3 months:

Month	Number of Responses	Extremely Likely to recommend	Likely to recommend	Neither Likely nor Unlikely to recommend	Unlikely to recommend	Extremely unlikely to recommend
Jan 2019	Nil					
Feb 2019	8	6	1	0	1	0
March 2019	20	19	0	0	1	0

Surgery Closure Training dates 2019 (until 30th June)

Thursday 25th April – 1.30pm to 4.30pm Protected Learning Time for Staff

Tuesday 30th April – 1pm to 2pm Staff meeting

Thursday 23rd May – 3.30pm to 6.30pm Protected Learning Time for Staff

Easter Opening Times:

Good Friday – Closed

Saturday 20th April – Closed

Easter Sunday – Closed

Easter Monday – Closed

The surgery will re-open on Tuesday 23rd April 2019.

Alternative Format - If you would like this Newsletter or information in an alternative format (for example, large print or easy read), or if you need help with communicating with us (for example, because you use British Sign Language), please let us know. You can call us on 01935 812633 or email applesmedcentre@nhs.net